



## Parish News & Events

Key: SM = St Mary, SG = St Gregory, OLSM = Our Lady & St Michael,

<b>Sat 17 Feb</b>	<b>Vigil: 1st Sunday in Lent</b>
17.45 SM	Confessions
18.00 SM	Mass (Margaret Pattinson)
<b>Sun 18 Feb 2024</b>	<b>1st Sunday in Lent</b>
09.15 SG	Confessions
09.30 SG	Mass (People of the Parish)
10.30 OLSM	Mass (Christine Harrington)
12.00 OLSM	Baptism - Renley Morgan-Radcliffe
18.00 OLSM	Mass (Winnie Lewis)
<b>Mon 19 Feb</b>	<b>Monday of 1st week in Lent</b>
10.00 OLSM	Mass (Raymond Williamson)
18.00 OLSM	Evening Prayer
<b>Tues 20 Feb</b>	<b>Tuesday of 1st week in Lent</b>
09.30 SM	Adoration
10.00 SM	Mass (Molly Doran)
12.15 SM	Funeral - Stella Head
18.00 OLSM	Evening Prayer
<b>Wed 21 Feb</b>	<b>Wednesday of 1st week in Lent</b>
11.30 SG	Lectio Divina
12.00 SG	Mass (Margaret Robinson)
18.00 OLSM	Evening Prayer
18.30 OLSM	Mass (Pauline Chorley)
<b>Thur 22 Feb</b>	<b>The Chair of St Peter the Apostle</b>
10.00 SM	Mass (Cyril Wilson)
12.30 SM	Funeral - Anita Milligan
18.00 OLSM	Evening Prayer
<b>Fri 23 Feb</b>	<b>Lent Fast Day</b>
08.00 SJ	Mass in St Joseph's School
11.30 SG	Adoration
12.00 SG	Mass (George Canavan)
18.00 OLSM	Evening Prayer
18.30 OLSM	Stations of the Cross
<b>Sat 24 Feb</b>	<b>Saturday of 1st week in Lent</b>
10.00 OLSM	Mass (Jack Quinn & Family)
10.30 OLSM	Confession, Adoration & Rosary
<b>Sat 24 Feb</b>	<b>Vigil: 2nd Sunday in Lent</b>
17.45 SM	Confessions
18.00 SM	Mass (Iain Denny)
<b>Sun 25 Feb 2024</b>	<b>2nd Sunday in Lent</b>
09.15 SG	Confessions
09.30 SG	Mass (In Thanksgiving the Cantley Family)
10.30 OLSM	Mass (Edmund & Margaret Hansen)
11.00 SG	Baptism - Luca George Colin Griffiths
18.00 OLSM	Mass (People of the Parish)

### Sanctuary Lamps (week beginning 18.02.24)

**OLSM:** In Loving Memory of Alice Duffield

**SG:** None **SM:** None **Sacred Heart:** None

**Lady Altar:** Birthday Memories Pauline Chorley

**Please remember in your prayers those who died recently.** **Stella Head**, Funeral Service, Tuesday 20 February, 12.15pm, St Mary's church. **Anita Milligan**, Funeral Service Thursday 22 February, 12.30pm, St Mary's church. **Jean Mary Gill**, Funeral Service Friday 23 February, 2pm, Distington Crematorium. **Linda Tallentire**, Funeral Service, Wednesday 28 February 11.15am Our Lady & St Michael's church. **The sick & housebound:** Catherine Wilson, Mabel Tognarelli, Doreen Doran, Fletcher Ditchburn, Anne Braniff, Dennis Castleton, Jack Gullen, Veronica Tubman, Joan Rodgers, Margaret McAleavey, Ibrahim Tobbya Shsha, Maureen Dolan, Brendan McManus, Donald Pettitt, Mary Cronolly, Gilbert Carruthers, Marie Blair, Mary Murphy, Jim Cunningham, Geoff Williamson, Helen Bailey and Joan Ainsworth. **And those whose anniversaries occur around this time:** Winnie Lewis, Bernard Doran, James O'Connor, Betty Potts, Bernadette Crafts, Cath Sowerby, Greta Brewis, Alice Duffield, Margaret Clark, Paul Ackerley, Elizabeth Fell, Christopher Hennelly, Victor Duffy and Patricia Waiting.

**Lent** has begun, forty days and forty nights to accompany Jesus in the Desert, and to overcome the Enemy through recollection and prayer, penance and fasting, and almsgiving and works of mercy. The ashes received on Wednesday are a visible sign that we are 'dust and unto dust we shall return', in other words that we have fallen from grace, we are earthbound, we are dying. Through the cross which is marked upon our foreheads, we are reminded of the opportunity given to us to turn our lives around, to repent and to believe in the Good News. Lent allows us to shake ourselves down and to pivot our lives from the world of fear and darkness to that of light and truth, to journey with Jesus on his journey to Jerusalem, and through His Death on the Cross, to share in His Resurrection. This is not a journey we make alone: let us encourage each other in this season, and bring others with us.

### Events throughout Lent.

- Beginning on Wednesday 21 February, at St Gregory's, there will be a **soup lunch** after the midday Mass in support of **CAFOD**.
- **Lenten Scripture Group** meetings in St Gregory's church at 7.15pm on Wednesdays during Lent. This group will pray together and reflect upon the Sunday Gospels throughout Lent. Everyone is welcome to this gentle introduction to what is called '*Lectio Divina*', the prayerful reading of the Word of God.
- During Lent why not join us for **Evening Prayer** (the Prayer of the Church) in Our Lady & St Michael's church every evening at 6pm (Monday to Friday), or for Adoration before Mass on Tuesdays and Fridays or on Saturday mornings.
- There will be **Stations of the Cross, 6.30pm**, on Friday evenings throughout Lent, this week Stations will be at Our Lady & St Michael's church.
- **CAFOD Lent Fast Day Friday 23 February**. This Lent, your donations will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families. Donate using the envelopes or online at [cafod.org.uk](http://cafod.org.uk).
- **Churches Together in Workington** are organising a series of Lenten talks entitled '**Loving God, loving creation**'. The first of which will take place this Sunday, 4pm, at St John's church. Next Sunday's meeting (25 February) will be hosted in Our Lady & St Michael's church, and our ecumenical choir, *Excelsis*, will sing Evensong, followed by refreshments in the Stella Maris Room.

**Thank you** to all those in the parish who assisted with the hosting of the *Adamas Voces* Concert by Candlelight on 3 February. It was another great success and we were all treated to some of the most sublime choral music, and in the process raised £801.15 for the organ restoration fund. One of the choristers who drove up from Liverpool wrote to thank the parish for their 'amazing hospitality' and the welcome that was received, and for the 'use of your beautiful church with its amazing acoustic'. **Thank you** to everyone who helped at the healing service on the Feast of Our Lady of Lourdes at St Gregory's.

**On Friday 15 March** at 7.30pm we will be welcoming Mark Hazzard and the *Oswald Singers*, a local choir, who will be singing John Stainer's *Crucifixion*, a Lenten oratorio which will help us to enter more deeply into the sacred passion of Christ. Tickets will be sold at the back of church or from the Priory.

**Over 55s Lunch** at the Helena Thompson Museum, 12pm, 20 February. Telephone Marion 01900 605417

**Open Door.** Coffee and a warm welcome. St. Gregory's church Mondays at 9am. St Mary's church hall, Harrington, Thursdays at 10.30am & Stella Maris room every Friday at 10am (Please note warm spaces is cancelled on Friday 23 February).

**Property & Finance** Committee meeting, Thursday 22 February, 7pm, the Priory.

**Parish Coffee morning** selling Fair Trade Goods. Monday 26 February after 10am Mass, in the Stella Maris room.

**Finance.** Online banking details: Account - LRC DTR Christ the Good Shepherd. Sort Code: 40-27-02. A/c No. 91752146.

### Other News and Events

**Friday 1 March** will see a Wave of Prayer spread around the globe and we are invited to be part of it. This year's service and theme was planned by the Christian women of Palestine before the tragic events of October 7 and the ensuing conflict in Gaza. Please come along at **10.30am** to the **Methodist Church, Gatehead, Great Clifton, CA14 1TN** to share in prayer for peace in Palestine, Israel and around the world.

**Diocese of Lancaster Lourdes Pilgrimage**, 23-30 July, led by Bishop Swarbrick. Contact [info@joewalshstours.co.uk](mailto:info@joewalshstours.co.uk) or 0808 189 0468. There is also a coach for youth with a day of sightseeing in Paris, for information: [youth@lancasterlourdes.co.uk](mailto:youth@lancasterlourdes.co.uk)

*Come, Holy Spirit!  
Give us the grace today to rise up,  
to open wide the doors,  
to go out of ourselves so as to  
draw others to Christ,  
to be disciples and to make  
disciples, that we may walk in your  
ways joyfully and build up Your Church  
across West Cumbria.  
We make this prayer through  
Jesus Christ our Lord. Amen.*